

## CLAIMS

What is claimed is:

1. An improved automatic fish hook apparatus comprising:  
a first member having a first end and a second end;  
5 a second member having a first end and a second end;  
a tensioner disposed intermediate the first member and the second member from about the  
first end of the first member and about the first end of the second member, the  
tensioner having a first state and a second state; and  
a latch having a first latch position and a second latch position, the latch disposed proximate  
10 the first end of the first member and the first end of the second member and releasably  
in communication with the tensioner,  
whereby  
the first latch position maintains the tensioner in the first state and the second  
latch position releases the tensioner into its second state.  
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2. The improved fish hook of Claim 1 wherein the first member is a hook.
3. The improved fish hook of Claim 1 wherein the second member is a hook.

4. The improved fish hook of Claim 2 wherein the hook further comprises a barb disposed about the second end of the hook.

5. The improved fish hook of Claim 3 wherein the hook further comprises a barb disposed about the second end of the hook.

6. The improved fish hook of Claim 1 wherein the tensioner is a spring.

7. The improved fish hook of Claim 1 wherein the tensioner is a coil.

8. The improved fish hook of Claim 1 wherein the latch is a cam.

9. The improved fish hook of Claim 1 further comprising a prong along the first member.

10. The improved fish hook of Claim 1 wherein the second position disposes the first member and the second member substantially parallel and the second position disposes the first member and the second member crossed.

11. The improved fish hook of Claim 9 wherein the prong is a body.

12. The improved fish hook of Claim 1 further comprising an eyelet disposed about intermediate the first member and the second member.

13. The improved fish hook of Claim 1 wherein the latch may be released upon the application  
5 of two generally opposing forces applied along the first member and the second member.

14. The improved fish hook of Claim 13 wherein the two generally opposing forces are generally in a direction of one another.

15. The improved fish hook of Claim 1 wherein the latch is disposed about the tensioner.  
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16. The improved fish hook of Claim 1 wherein the latch is disposed about the first member.

17. The improved fish hook of Claim 1 wherein the first end of the first member and the first end  
15 of the second member is a flange.

18. The improved fish hook of Claim 1 wherein the tensioner further comprises a brad.

19. The improved fish hook of Claim 19 wherein the brad is a hollow bore brad.

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20. The improved fish hook of Claim 1 wherein the first member is composed of a metal.

21. The improved fish hook of Claim 20 wherein the metal is selected from the group consisting of steel, iron, aluminum, copper, an alloy of steel, an alloy of iron, an alloy of aluminum, an alloy of copper and combinations thereof.

22. The improved fish hook of Claim 1 wherein the first member is composed of a composite material.

23. An improved releasably biasable apparatus comprising:  
a first member having a first end and a second end;  
a second member having a first end and a second end;  
a tensioner disposed intermediate the first member and the second member, the tensioner having a first state and a second state; and  
a latch having a first latch position and a second latch position, the latch disposed about the first member and the second member and releasably in communication with the tensioner,  
whereby  
the first latch position maintains the tensioner in the first state and the second latch position releases the tensioner into its second state.

24. A method of fishing wherein a fisherman may attend a rod or may leave a rod unattended and still set a hook in a fish's mouth comprising the steps of:

using an automatic hook assembly with first and second ends that requires opposing,

lateral, inward forces applied along the hook assembly between said first and second

ends to be in a cocked position;

using a fishing line having first and second ends;

securing the fishing line at its first end to the first end of the hook assembly;

casting the fishing line into a body of water whereby the fisherman retains the second end

of the fishing line; and,

retracting a fish from the body of water after the fish uses its mouth and/or throat to cause

the hook assembly to expand outwardly into the body of the fish.

25. The method of Claim 24 wherein the line is secured along a fishing pole at the first end.

26. The method of Claim 24 wherein the fishing pole further comprises a fishing rod and reel.

27. The method of Claim 26 wherein the first end of the line is secured along the fishing reel.

28. The method of Claim 27 wherein collecting the line further comprises actuating the reel.